



Reimbursable Milk Substitutes

Fluid Milk Substitution Nutrient Requirements as outlined in Title 7, Code of Federal Regulations), Section 210.10(m)(3):

Presently, a list of manufacturers' brands that meet the nutrient requirement for non-dairy fluid milk substitutions is not available. Instead, please compare the nutrition facts label of the product with the amounts in the percentage Reference Daily Intake (RDI) column below to determine if the product is an acceptable fluid milk substitute.

Column 1: Nutrients that must be contained in the product

Column 2: Nutrient requirements as stated in the federal regulations

Column 3: RDI for the nutrient

Column 4: Percent RDI (except for protein, the percent RDI is what is listed on the Nutrition Facts Label)

Nutrient	Requirements as Stated in Federal Regulations (per cup)	RDI	%RDI*
Calcium	276 mg	1000 mg	27.60%
Protein	8 g*	50 g	N/A
Vitamin A	500 IU	5000 IU	10.0%
Vitamin D	100 IU	400 IU	25.0%
Magnesium	24 mg	400 mg	6.0%
Phosphorus	222 mg	1,000 mg	22.2%
Potassium	349 mg	3,500 mg	10.0%
Riboflavin	0.44 mg	1 1.7 mg	25.90%
Vitamin B-12	1.1 mcg	6 mcg	18.30%

*An acceptable fluid milk substitution must contain, at a minimum, the amounts in the percentage RDI column.

*Milk Substitution form is required to be submitted if parent request anything other than 1% milk offered by provider

8th Continent Original Soymilk Unflavored



Ripple Pea Protein Milk Unflavored



Kikkoman Pearl Organic Soymilk Smart Original Unflavored



Pacific All Natural Ultra Soy Original Unflavored



Lactaid Lactose-Free Milk



Silk Original Soymilk Unflavored



Sunrich Naturals Original Soymilk Unflavored



Great Value Original Soymilk Unflavored

